Overseas Travel Check Sheet

Please prepare your travel by reading handouts from the university, and check the following columns before traveling.

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| Faculty： | Department： | Year： |
| Student ID： | Name： |

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| No. | Check Points | Check |
| 1 | Read and confirmed the English handouts from the "Risk Management for Overseas Travel" Seminar. | □ |
| 2 | Collected information of your travel destination, and checked the “Safety Information for Overseas Travel” in the Ministry of Foreign Affairs website, to confirm the status of your destination country. | □ |
| 3 | Checked the safety information issued by your destination country. | □ |
| 4 | Checked "Safety Information for Overseas Travel" issued by your home country. | □ |
| 5 | Have joined the overseas travel insurance (Futai-kaigaku), and submitted necessary documents (Notification of Going Abroad, Written Pledge Regarding International Trip, copy of Insured Card for Overseas Travel Insurance）to your administration’s office. | □ |
| 6 | Created a “Contact List “in case of emergency at your destination country, and confirmed necessary contact details. | □ |
| 7 | Confirmed “Protect Yourself,” the basic principle of risk management for traveling overseas. | □ |
| 8  | Confirmed useful “24 Hour Hotline” contact information, in case of facing any troubles. | □ |
| 9 | Confirmed ways to handle issues when encountering problem below.1. In case of lost/stolen items
2. In case of becoming sick or injured
3. In case of encountering accidents
4. When involved in any incidents or crime
 |  □ |
| 10 | Confirmed management of your personal belongings and valuables. | □ |