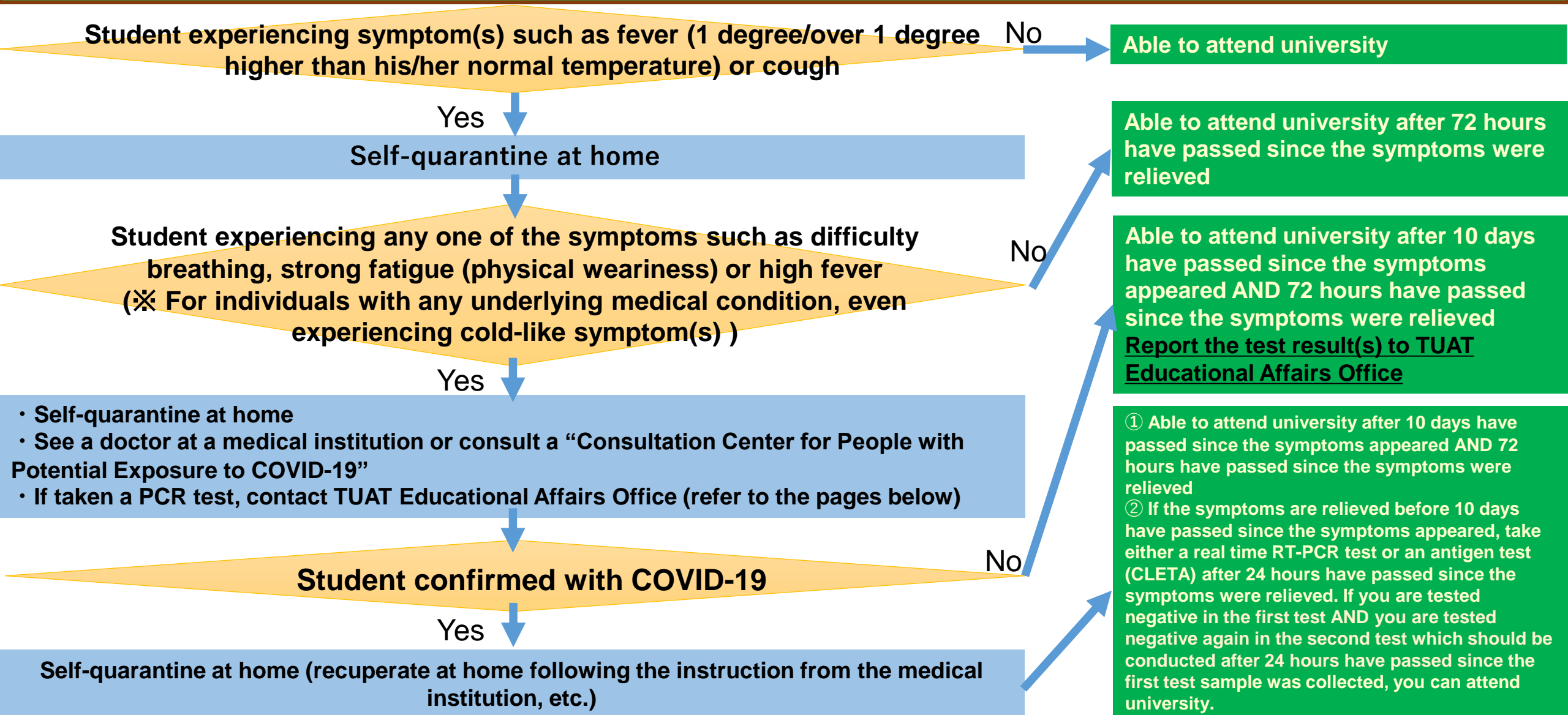


Self-Quarantine Guide When Student Him/Herself is in Poor Physical Condition



Able to attend university

Able to attend university after 72 hours have passed since the symptoms were relieved

Able to attend university after 10 days have passed since the symptoms appeared AND 72 hours have passed since the symptoms were relieved
Report the test result(s) to TUAT Educational Affairs Office

① Able to attend university after 10 days have passed since the symptoms appeared AND 72 hours have passed since the symptoms were relieved
 ② If the symptoms are relieved before 10 days have passed since the symptoms appeared, take either a real time RT-PCR test or an antigen test (CLETA) after 24 hours have passed since the symptoms were relieved. If you are tested negative in the first test AND you are tested negative again in the second test which should be conducted after 24 hours have passed since the first test sample was collected, you can attend university.
Report the test result(s) to TUAT Educational Affairs Office

※ However, the number of days/hours given here is a guide. There is a possibility that the actual self-quarantine period may be longer than the period suggested by this guide, depending on the decision of the head of the department (or etc.) where the student belongs to, based on the situation of each student.

Self-Quarantine Guide When Student's Family Member, etc. is in Poor Physical Condition

Student him/herself experiencing no symptom; however, a family member, etc. experiencing symptom(s) such as fever (1 degree/over 1 degree higher than his/her normal temperature) or cough

No

Able to attend university

Yes

Student him/herself is to self-quarantine at home

Family member, etc. experiencing any one of the symptoms such as difficulty breathing, strong fatigue (physical weariness) or high fever
(※ For individuals with any underlying medical condition, even experiencing cold-like symptom(s))

No

Student is able to attend university after 72 hours have passed since the symptoms the family member, etc. experienced were relieved

Yes

- Student him/herself is to self-quarantine at home
- Family member, etc. is to see a doctor at a medical institution or consult a "Consultation Center for People with Potential Exposure to COVID-19"

Student is able to attend university after 72 hours have passed since the symptoms the family member, etc. experienced were relieved

Student him/herself identified as a Close Contact to a COVID-19 positive individual

No

① If the student him/herself tested positive for a PCR test, the student is able to attend university after 10 days have passed since the test was conducted AND 72 hours have passed without the symptoms re-appearing
② If the student him/herself tested negative for a PCR test, the student is able to attend university from "Day 8", meaning after 7 days have passed from "Day 0" ("Day 0" here is the later one of the two following dates: the date when the family member, etc. first experienced symptoms for COVID-19; OR the date when infection control measures in the residence were first taken due to the above-mentioned person experiencing symptoms for COVID-19, etc.)

Yes

- Student him/herself is to self-quarantine at home (take a test following the instruction from the public healthcare center, etc.)
- Contact TUAT Educational Affairs Office (refer to the pages below)

Report the test result(s) to TUAT Educational Affairs Office

※ However, the number of days/hours given here is a guide. There is a possibility that the actual self-quarantine period may be longer than the period suggested by this guide, depending on the decision of the head of the department (or etc.) where the student belongs to, based on the situation of each student.

Be Aware of COVID-19 Transmission!

- Avoid the “Three Cs” (closed spaces, crowded places, and close-contact settings).
- Be sure to wear a mask and wash/disinfect your hands on a daily basis.
- Refrain from conversation in the following conditions: while facing each other, in a close distance, or with a loud voice.
- Refrain from gathering to eat or drink with others regardless of whether they belong to TUAT or not; OR whether it is in a restaurant or in someone’s private house/residence, etc.
- Stay home and take rest if you experience any cold-like symptoms such as fever, cough, sore throat or runny nose.

**If you have taken/will be taking a PCR test, etc.,
OR have been identified as a
close contact of a COVID-19 case,
OR have been confirmed with COVID-19,
immediately contact the following.**

* We will ask:

- Name, affiliation, student ID number (for students) and contact information
- People (affiliated with TUAT) in contact with in the past two weeks
- TUAT facilities visited/entered in the past two weeks

* For general questions or concerns about COVID-19 transmission, you can also contact the following.

* If one belonging to a laboratory, etc. is confirmed with COVID-19, Educational Affairs Office/General Affairs Office will provide instruction/guidelines to him/her through the office in charge of his/her affiliation.

[Contact] Please submit a completed report through Google Forms (access from the QR code or link below) or call the phone number below.

<Report on Google Forms>

<https://forms.gle/x7TN85zxEATLghmZ6>



<Phone>

- Students: 042-367-5537 (Educational Affairs Office)
- Teaching/Administrative staff: 042-367-5933 (General Affairs Office - Environmental Safety and Management Office)

* During non-office hours (on weekends/holidays or on weekdays 17:15 - 8:30), please call Security Office at 042-367-5504 (for international students: 090-5773-8562).

* Please do not hesitate to contact us even during non-office hours.